

# Tashlich



## INSTRUCTIONS

As we walk outside, we express creation with ALL of our senses. We

**SEE** the beauty with our eyes,  
**SMELL** the scents,  
**FEEL** the air and temperature,  
**HEAR** the crunch of the leaves and the sound of quiet, and  
**FEEL** our feet on the earth.

Bring a clipboard, pencil and small bag with you to collect and check off the things on the list below:

## SEE HOW MANY YOU CAN FIND:

- Something in the shape of a shofar
- Something in the shape of a circle
- Two different colored leaves (green, red, or yellow/orange)
- Something that makes noise
- Something that has water on it
- Something smooth
- Something rough
- A beautiful rock
- Something you think is beautiful
- Something you think is a treasure
- Something unusual

## NATURE CHALLENGE PROJECT:

Use your outdoor treasures to do one of the activities below:

- Create a collage of your family using the nature symbols you found
- Use the collected items and collage them into these Jewish symbols: Shofar, Apple, Honey
- Email a copy of your picture and/or a video of yourself explaining your creations to Rabbi Weiss (RBW@bethami.org) and look out for some of your masterpieces to be displayed on Yom Kippur

### BONUS FAMILY DISCUSSION QUESTIONS:

1. What are you most proud of this past year?
2. What are your hopes and wishes for the upcoming New Year?
3. What is one goal you'd like to accomplish in the New Year?