

AS I WRAP myself in the tallit,
I fulfill the mitzvah of my Creator.

Before putting on tallit

BAR'CHI nafshi et Adonai,
Adonai Elohai, gadalta m'od,
hod v'hadar lavashta.
Oteh or kasalmah,
noteh shamayim kay'riah.

בְּרַכֵּי נַפְשִׁי אֶת יְיָ
יְיָ אֱלֹהֵי, גְדַלְתָּ מְאֹד,
הוֹד וְהַדָּר לְבַשְׁתָּ.
עֹטָה אֹר כְּשֶׁלְמָה,
נוֹטָה שָׁמַיִם כַּיָּרִיעָה.

BLESS, ADONAI, O my soul!
Adonai my God, how great You are.
You are robed in glory and majesty,
wrapping Yourself in light as in a garment,
spreading forth the heavens like a curtain.

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav
v'tzivanu l'hitateif batzitzit.

בְּרוּךְ אַתָּה, יְיָ
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצִית.

BLESSED ARE YOU, Adonai our God,
Sovereign of the universe,
who hallows us with mitzvot,
commanding us to wrap ourselves in the fringes.